



Perryfields Junior School

The Friday Flyer

Week 4 – September 2025

Headteacher's Message

Dear Parents and Carers,

This week, Miss Leader led a special assembly to mark European Day of Languages. The theme, "Languages open hearts and minds", celebrates how languages connect people across cultures, build understanding, and allow us to see the world from different perspectives. Every child in the school created a poster to illustrate how languages unite us and enrich our lives, and each class will be choosing one design to send to the European Council, with the chance of being featured on the official European Day of Languages website. It was a delight to see the imagination and creativity that this activity inspired.

Congratulations to our boys' football squad, who represented the school brilliantly at the inter-school tournament this week. The team showed fantastic determination, encouragement for one another, and real skill throughout the afternoon. Their efforts paid off with five wins, one draw, and just one defeat, finishing an impressive 7th place out of 18 teams. A wonderful achievement – well done to all involved.

I would also like to remind all parents and carers about our updated school collection routine. Please wait on the playground on the designated side of the cones, as explained in recent communications. Only children in Years 5 and 6 who have been given permission to leave the school site without an adult will be able to do so. Even if you have previously given permission, we ask that you complete the new Microsoft form. This also applies if you are meeting your child outside the gate, for example if you have a dog with you. If you are unsure whether your child can make their way to you sensibly, please come into the playground and collect them directly from their class teacher. Thank you for your cooperation in helping us keep collection time safe and well organised.

Finally, a huge thank you to everyone who supported our Macmillan cake sale. The generosity of our families was overwhelming, with so many donations that we held three sales across the day! The children enjoyed seeing the House Homework displays in the hall and sharing a cake with friends. I was genuinely impressed by the creativity and effort on display, and I have included photographs on the next page so that you too can admire their outstanding work.

Mrs S Edwards



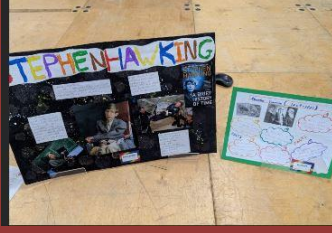
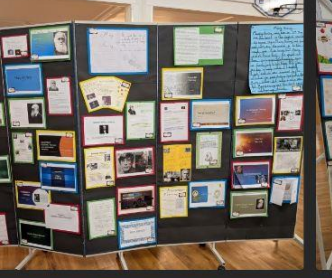
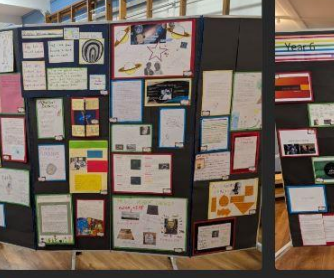
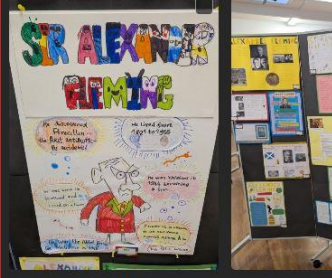
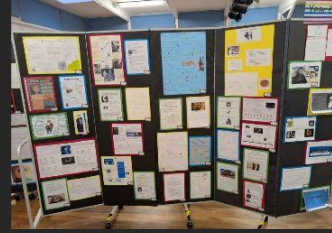
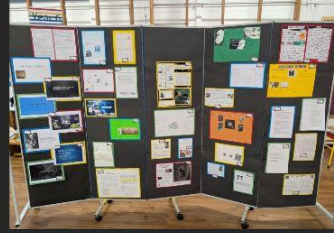
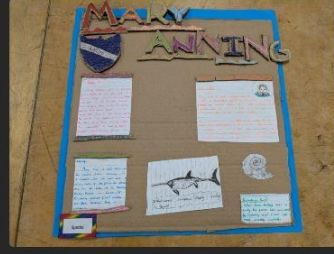
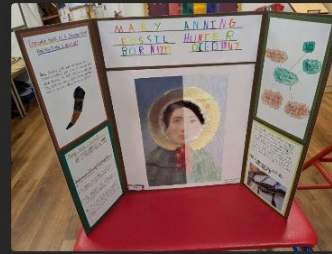
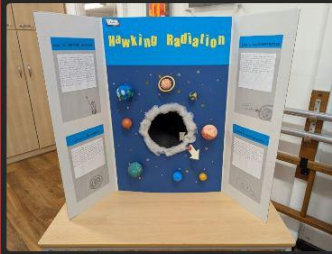
Pupil of the Week

Cowell: Ezra
Seuss: Harley
Dahl: Aarav
Lewis: Krishna
Walliams: Dorabella
Rowling: Luke
Tolkien: Emily
Morpurgo: Florence
Pullman: Nathan

Award for
Outstanding Manners
Michelle – Seuss Class
Ralph – Seuss Class

PE Award
George – Walliams Class

Mrs Siddall's Attendance Award
Seuss Class – 100%



ATTENDANCE

The national expectation for attendance is 96%. The government has clarified the position regarding the term 'regular' attendance. It means children must be in school **EVERY DAY**. Every second counts at Perryfields. We **must** work together to improve attendance and punctuality even more.

Year 3	98.9%
Year 4	98.2%
Year 5	96.9%
Year 6	94.9%



Coming Up This Half Term

Monday 29 th September	After school sports clubs start – email sent 9/9/25
Monday 30 th September	Residential 4th payment due for year 6 residential 2026
Friday 3 rd October	Individual Photographs – CHANGE OF DATE -
Wednesday 15 th October	WW2 day workshop year 6 – email sent 12/9/25
Friday 17 th October	Ancient Greek workshop year 4 – email sent 12/9/25
Tuesday 21 st October	Life in Saxon Britain workshop year 5 – email sent 10/9/25
Thursday 23 rd October	Year 6 Enterprise Day – details to follow

Reminders/Notices

PE Kits: Children should have a pe kit in school every day. Children should be able to remove earrings on their own.

Year 3 ScoPay and email accounts: Children have now brought home details on how to sign up to both our payment system and email.

Please see below our menu.

Please note that we can also provide a packed lunch if your child would prefer this. This will be either the baguette, wrap or soft roll and also includes a drink, fruit, cucumber sticks and the dessert of the day.

		Week: One				
		Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Meat	Cheese & Tomato Baguette Pizza	Tuna,Cheese,Ham & Tuna + Sweetcorn Baguette	Roast Gammon Steak	Chicken Fajitas	Omega 3 Fish Fingers
	Vegetarian	Cheese & Tomato Baguette Pizza	As Above	Garlic and Herb Roast fillet	Mexican Bean Fajitas	Cheese Pinwheels
	Gluten Free	Gluten Free Pizza	Gluten Free Wraps	As Above	Chicken Fajitas	Gluten Free Fish Fingers
	Jacket Potato	Tuna & Cheese	Cheese & Beans	Beans & Tuna	Cheese & Tuna	Tuna,Cheese & Beans
	Side Dish	Coleslaw Potato Salad	Cucumber Raisins	Gravy	Couscous	Chips & Beans
	Vegetables	Sweetcorn Salad Bar	Salad Bar	Potato Slice Shredded cabbage cauliflower	Broccoli	Salad Bar
	Packed Lunch	Baguette (Tuna, Cheese or Ham)	Baguette (Tuna, Cheese or Ham)	Wrap (Tuna, Cheese or Ham)	Wrap (Tuna, Cheese or Ham)	Baguette (Tuna, Cheese or Ham)
	Dessert	Fresh Fruit Yoghurt	Victoria Sponge	Fresh Fruit Yoghurt	Jelly	Oat cookies
	Drinks	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk

Perryfields Junior School
Teacher Clubs Letter – Autumn 2025



We are pleased to be able to offer the following Teacher Clubs in school after half term.

Teacher Clubs - Commencing Tuesday 7th October to Tuesday 25th November. These clubs will be available to book through your ScoPay account from Monday 29th September from 4.20pm until Thursday 2nd October at 9.00am. Please make sure to tick the consent box on your ScoPay account.

There will be no teacher clubs on Tuesday 21st October or Thursday 23rd October as they fall during Parents' Evening week.

PLEASE SELECT ONLY ONE CLUB FOR YOUR CHILD. CHILDREN WHOSE NAME APPEARS ON DIFFERENT CLUBS WILL BE DESELECTED AND PARENTS WILL BE ASKED TO CHOOSE AGAIN WHICH MAY RESULT IN YOUR CHILD NOT TAKING PART IN A CLUB

TEACHER CLUBS				
Club	Day	Time	Years	Notes
Comic Book Club (with a French twist!)	Tuesday	3:15 - 4:15	All Years	Zap! Pow! Bonjour! Comics with a French twist.
Disney Club	Tuesday	3:15 - 4:15	All Years	Fun activities inspired by the greatest Disney film clips!
Public Speaking Club	Tuesday	3:15 - 4:15	All Years	A fun club for children to debate, perform, and grow as confident speakers.
Art Club	Tuesday	3:15 - 4:15	Yrs 3&4	Old shirt or apron needed.
Art Club	Tuesday	3.15 - 4.15	Yrs 5&6	Old shirt or apron needed.
Orienteering Club	Tuesday	3:15 - 4:15	All Years	Children will need warm coats and trainers.
Science Club	Tuesday	3:15 - 4:15	All Years	May be required to bring in items for experiments.
Choir Club	Thursday	3:15 - 4:15	Yrs 4,5&6	This club will run to Thursday 4 th December.

Places will be allocated on a first come first served basis. If your child no longer wants to do a club, please let us know as soon as possible. If your child cannot attend a club after school for any reason, please would you kindly let the office/teacher know in advance.

Pupil Premium

If your child is in receipt of free school meals and they would like to attend a club, please contact the school office on 01245 250781 before the clubs go live.

Tips for Encouraging Open Discussions about DIGITAL LIVES

The online world is an entirely familiar and commonplace part of life for today's children and young people, far more so than for previous generations. There are many positives to children being able to access online materials, so it's important not to demonise the internet, games and apps, and limit the benefit of their positive aspects. At the same time, we do have a responsibility to educate children about the hazards they may encounter online (just as we would about real-world dangers) so it's essential that we don't shy away from talking to them about the complex – and often sensitive – subject of what they do and what they see when they're online.

Here are some suggestions for kicking off conversations with your child about their digital life...

MAKE YOUR INTEREST CLEAR

Showing enthusiasm when you broach the subject signals to your child that you're keen to learn about the positives of their online world. Most children enjoy educating adults and will happily chat about what they use the internet for, or what games and apps they're into and how these work. Asking to see their favourite games and apps in action could help you spot any aspects that may need your attention – such as chat functions which might require a settings adjustment to limit contact with strangers. Keep listening even if your child pauses for a long time; they could be considering how to phrase something specific, or they may be gauging your reaction.

BE OPEN AND HONEST, APPROPRIATE TO THEIR AGE

At various stages, children and young people become curious about puberty and how their body changes; about relationships; about how babies are made; and about sexual health. If your child knows that they can discuss these sensitive subjects with you, they tend to be less likely to go looking online for answers – which can often provide them with misleading information and, in some cases, lead to them consuming harmful content. Don't worry if you don't immediately know the answers to their questions – just find out for yourself and go back to them once you have the facts.

REMIND YOUR CHILD THEY CAN ALWAYS TALK TO YOU

In my role I work with many children and young people who admit being reluctant to tell a trusted adult about harmful content they've viewed online, in case it leads to having their devices confiscated. Emphasise to your child that you're always there to listen and help; reassure them that if they do view harmful content, then they are not to blame – but talking about it openly will help. Children shouldn't be expected to be resilient against abuse or feel that it's their job to prevent it.

KEEP TALKING!

The most valuable advice we can give is to keep talking with your child about their digital lives. You could try using everyday situations to ask questions about their online experiences.

DISCUSS THAT NOT EVERYTHING WE SEE ONLINE IS REAL

Here, you could give examples from your own digital life of the online world versus reality – for example, those Instagram posts which show the perfect house: spotlessly clean, never messy and immaculately decorated. Explain to your child that there are many other aspects of the online world which are also deliberately presented in an unrealistic way for effect – such as someone's relationships, their body, having perfect skin and so on.

TRY TO REMAIN CALM

As much as possible, try to stay calm even if your child tells you about an online experience that makes you feel angry or fearful. Our immediate emotions frequently influence the way we talk, so it's possible that your initial reaction as a parent or carer could deter a child from speaking openly about what they've seen. Give yourself time to consider the right approach, and perhaps speak with other family members or school staff while you are considering your next steps.

CREATE A 'FAMILY AGREEMENT'

Involving your whole household in coming up with a family agreement about device use can be immensely beneficial. You could discuss when (and for how long) it's OK to use phones, tablets, consoles and so on at home; what parental controls are for and why they're important; and why it's good to talk to each other about things we've seen or experienced online (both good and bad). Explaining your reasoning will help children to understand that, as trusted adults, we want to make sure they are well informed and kept safe. Allowing children to have their say when coming up with your family agreement also makes them far more likely to stick to it in the long term.

Meet Our Expert

Deborah Jennings, online policy adviser at National Online Safety, has almost 20 years' experience delivering e-safety training and education, and training to schools, colleges and other education providers. A qualified teacher, she has also advised the Department of Education on the e-safety training content of the KS2 curriculum.



NOS National Online Safety
#WakeUpWednesday



Springers offsprings



Presents

NODA
For every stage

**Chelmsford
Theatre**

Nativity!

The Musical

Book & Lyrics by
Debbie Isitt

Music by
Debbie Isitt & Nicky Ager

Orchestrations by George Dyer

5 - 8 NOV 2025

Weds - Fri at 7.30pm. Captioned Performance
Sat at 2.30pm & 7.30pm. 6 Nov at 7.30pm

Chelmsford Theatre
01245 606 505

www.springers.co.uk

Book Here



This amateur production is presented by arrangement with
Music Theatre International
All authorised performance materials are also supplied by MTI
www.mtishows.co.uk