



Perryfields Junior School

The Friday Flyer

Week 35 – June 2025

Headteacher's Message

Dear Parents and Carers,

On Monday, we welcomed Essex Fire and Rescue Service for a special Summer Safety Assembly. With the holidays approaching, the team shared important messages about water safety, sun safety, and staying safe around barbecues and open fires. The session was engaging and child-friendly, and our pupils listened brilliantly—asking thoughtful questions and showing great understanding. A big thank you to the team for helping us prepare for a safe and happy summer!

Year 5 had a fantastic time on their Food and Farming trip on Tuesday. They learned lots of fascinating facts about agriculture, farm animals, and how meat, crops, and vegetables make their journey from farm to plate. Miss Riley and Mr Curtis were full of praise for the children, who behaved impeccably throughout. Thank you to all the staff who supported the trip.

Some of you may be aware that recently our Year 4 children completed the Government's on-line Multiplication Check. There is no 'pass mark' for the check and individual school results are not published. However, we are very pleased to report that 29% of Perryfields' pupils achieved 25/25 and 64% of Perryfields' pupils achieved 20/25 or above. The average score for our children was 19/25. Amazing!

This time of year is always about looking ahead to new beginnings. Many of our Year 6 pupils have already visited their new secondary schools, and on Thursday we were pleased to welcome our new Year 3 children and their parents for Transition Day.

It was also wonderful to see so many families at our Exhibition afternoon, where we proudly showcased our Travelling the Globe project. Each year group explored a different part of the world, and the children produced an impressive range of work. The creativity, effort, and enthusiasm that went into every display were clear to see, and the pride the children felt in sharing their learning was truly special. I'm sure you'll agree that the standard of work on show was outstanding and a real credit to both the pupils and staff involved.

Thank you all for your support this week and I hope you have a fabulous weekend!

Samantha Edwards

Pupil of the Week

Cowell: Marcella
Seuss: Joyce
Walliams: Ffion
Lewis: Win
Dahl: Jaxx
Rowling: Adam
Tolkien: Harley
Morpurgo: Tara
Pullman: Ellie

Mrs Siddall's Attendance Award
Walliams & Tolkien Class – 98.8%

Award for
Outstanding Manners
Harry – Seuss Class
Tavish – Pullman Class

PE Award
Special – Dahl Class

Random Act of Kindness
Jaxon – Lewis Class
Sienna – Tolkien Class

ATTENDANCE

The national expectation for attendance is 96%. The government has clarified the position regarding the term 'regular' attendance. It means children must be in school **EVERY DAY**. Every second counts at Perryfields. We **must** work together to improve attendance and punctuality even more.

Year 3	97.1%
Year 4	98.3%
Year 5	98.7%
Year 6	96.8%



Coming Up This Term So Far!

Monday 30 th June	Parenting with Confidence session in hall @ 3.30pm – email sent. Please complete form to confirm your attendance
Friday 4 th July	Year 6 Bikability starts – email sent
Friday 4 th July	School Clubs finish, plus LAMDA, Dance, Cricket, Girls Football & Fencing
Tuesday 8 th July	Netball trials for September squad years 4&5 boys and girls – email sent
Friday 11 th July	House Charity Fundraising Day – email sent
Friday 11 th July	Football trials for September squad years 4&5 boys – email sent
Monday 14 th July	Year 6 End of Year Performance - 1.30pm. Email sent
Tuesday 15 th July	Year 6 End of Year Performance – 5.30pm. Email sent
Thursday 17 th July	Year 6 End of Year BBQ – email sent
Tuesday 22 nd July	End of Year Whole School Performance – details to follow
Tuesday 22 nd July	School Finishes at 1.30pm

Please see below NEW menu for the Summer Term!

Please note that we can also provide a packed lunch if your child would prefer this. This will be either the baguette, wrap or soft roll and also includes a drink, fruit, biscuits or the dessert of the day.

Week: One						
<div><div>Monday</div><div>Tuesday</div><div>Wednesday</div><div>Thursday</div><div>Friday</div></div>						
Main course	Meat	Cheese & Tomato Baguette Pizza	Tuna,Cheese,Ham & Tuna + Sweetcorn Baguette	Roast Gammon Steak	Chicken Fajitas	Omega 3 Fish Fingers
	Vegetarian	Cheese & Tomato Baguette Pizza	As Above	Garlic and Herb Roast fillet	Mexican Bean Fajitas	Cheese Pinwheels
	Gluten Free	Gluten Free Pizza	Gluten Free Wraps	As Above	Chicken Fajitas	Gluten Free Fish Fingers
	Jacket Potato	Tuna & Cheese	Cheese & Beans	Beans & Tuna	Cheese & Tuna	Tuna,Cheese & Beans
	Side Dish	Coleslaw Potato Salad	Cucumber Raisins	Gravy	Couscous	Chips & Beans
	Vegetables	Sweetcorn Salad Bar	Salad Bar	Potato Slice Shredded cabbage cauliflower	Broccoli	Salad Bar
	Packed Lunch	Baguette (Tuna, Cheese or Ham)	Baguette (Tuna, Cheese or Ham)	Wrap (Tuna, Cheese or Ham)	Wrap (Tuna, Cheese or Ham)	Baguette (Tuna, Cheese or Ham)
	Dessert	Fresh Fruit Yoghurt	Victoria Sponge	Fresh Fruit Yoghurt	Jelly	Oat cookies
	Drinks	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk



UK Health
Security
Agency

NHS

Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minftec>.

Children are using smart devices from a much younger age than ever before. It's why it's essential we talk to our children about how to use them safely. There are so many positive benefits to the new technology at our disposal these days - however there are plenty of downsides too. As a parent, it's important you understand these risks and how you can take steps to protect your family against them.

1 PUT YOURSELF IN CONTROL

Make use of the parental control settings available to you. With most devices, you're able to change the settings to control the content your child has access to. This isn't difficult to do, so you'll often find guidance in the instructions that come with the device. By setting a private pin-code on certain devices, you can make sure your child can only access it when you allow it.



2

PROTECTING ANDROID DEVICES

You can set up restricted users on Android tablets through a Google account. Open the settings menu (look for a cog icon) and select the 'Users' option. Here you can add a new restricted user. After setting up a password and username, select which applications you want to restrict access to. On an Android smartphone it's simpler, but first select 'Parental Controls' in the play store.



3 PROTECTING APPLE DEVICES

For Apple devices, you can simply visit the preferences/settings menu and within 'General' there is an option for 'Restrictions'. Here you can turn off any applications or features on your child's device that you do not want them to have access to.



4

THINK ABOUT ALL YOUR SMART DEVICES

As well as tablets and smartphones, you should think about any device in your home connected to the internet: a games console, a media hub, or a personal computer. In each case you can usually find parental controls in the settings. Think carefully about how much access you want to allow your child, especially when it comes to accessing the internet.



5

MAKE SEARCHING MUCH SAFER

Most search engines, such as Google, Bing or Yahoo, have a 'safe search' setting. You should activate this. Otherwise, it's extremely easy for a seemingly harmless search on the internet to return unexpected and inappropriate results. Depending on the browser you're using, go to the settings and search for 'safe search'. Make sure you save the change as it defaults each time you open the browser. This will seriously reduce the chances of your child being exposed to something they shouldn't be.



**National
Online
Safety**
#WakeUpWednesday

9 Top Tips To Get Smart About children's devices

6

REGULARLY CHECK SOCIAL MEDIA SETTINGS

Before you allow your child to use social media, you should discuss the dangers with them. You should also make sure you're able to access their profile and privacy settings and check them regularly. The companies behind social media platforms often make privacy changes without making it very obvious to the user, such as Facebook's introduction of facial recognition software.



7

DON'T LET PEOPLE SEE WHERE YOU ARE

Location software sounds useful for seeing where your child is, but it also provides the opportunity for others to locate your child too. For safety, it's a good idea to disable location software on all devices or at least turn it off when it's not required. Also, be mindful of specific apps that record running routes or locations where your child might be playing a game. Talk to your child about why there can be dangerous and how to turn the setting on and off as required.



8 WATCH OUT FOR FAKE PROFILES

Sadly, social media presents an enormous opportunity for the likes of paedophiles to set up fake profiles and interact with children. Keep a track of the people your child interacts with on social media and if you do not recognise a user as a friend, consider blocking them.



9 KEEP A CHECK ON SCREEN TIME

Managing how much time we spend on screens is a new challenge for us all. It's critically important when it comes to children, especially younger children who are still developing. It's not just a case of setting arbitrary time limits. Guidelines published by The Royal College of Paediatrics and Child Health suggests it's more important to consider the 'context and content' of what the screen is being used for. It is helpful to put limits on devices using 'Guided Access' functions, which you can find in the settings of certain devices.



Meet our expert

Emma Davis was a secondary school Computer Science teacher for more than a decade. Since leaving education, she has been working in a cyber security firm delivering cyber awareness training to businesses and carrying out network testing. She is a mother of a five-year-old, she's had vast experience of controlling and managing how children access online services and use apps.





Summer Timetable

all sessions delivered live online via zoom £24 each 90 minutes long
book online at facefamilyadvice.co.uk Recordings available for 48 hours

Supporting Healthy Sleep	16 June 10am
Decreasing Depression	16 June 7pm
Raising Self-Esteem	17 June 10am
Understanding the Teenage Brain	17 June 7pm
Understanding Addictive Behaviour	23 June 10am
Supporting a Child with ADHD	23 June 7pm
Improving Family Communication	24 June 10am
Autism Improving Communication	24 June 7pm
Facing Defiance	30 June 10am
Anxiety Based School Avoidance	30 June 7pm
Understanding Anger	1 July 10am
Supporting Healthy Screen Use	1 July 7pm
Introduction to OCD	7 July 10am
What is ACT?	7 July 7pm
Cannabis & Ketamine Awareness	8 July 10am