



Perryfields Junior School

The Friday Flyer

Week 34 – June 2025

Headteacher's Message

Dear Parents and Carers,

We've had a wonderfully busy and enriching week packed with music, sport, and new experiences!

Monday began with a fantastic celebration of World Music Day, led by Miss Kingston. We were thrilled to welcome students from The Boswells School, who performed for our children and created an inspiring musical experience that was thoroughly enjoyed by all. A huge thank you to Miss Kingston for organising such a special event!

On Tuesday, our school choir took to the stage at the Chelmsford Music Festival and delivered a stunning performance. Their enthusiasm and love of singing truly shone through. A special mention must go to Pippa, who wowed the audience with a confident solo — a remarkable achievement! Thank you to Miss Kingston and Miss Marshall for their tireless work preparing the choir — a brilliant job all round.

This week also marked National Sports Week — and what a fantastic celebration of physical activity it's been! It all started with our talented athletes representing the school at the district track and field event. Their determination, sportsmanship and team spirit were evident throughout — well done to all who competed!

On Wednesday, the children had the chance to try something completely new: Quidditch! Inspired by the world of Harry Potter, this fun and fast-paced sport captured everyone's imagination. It was a magical and memorable experience for all involved.

One of the week's biggest highlights was, of course, our annual Sports Day. The field buzzed with excitement, energy, and encouragement as children gave their all in a variety of events. Congratulations to Darwin House, our overall winners! A big thank you to Mr Curtis for organising such a brilliant day, to the Boswells students for their fantastic support, and to all the parents who came along to cheer — your encouragement made it even more special.

Finally, on Friday, we rounded off the week with a sporty non-uniform day to raise money for new playground equipment. Thank you for your generosity and support — every contribution makes a difference.

What a week it's been — full of joy, achievement, and community spirit!

Samantha Edwards

Pupil of the Week

Cowell: Momo
Seuss: Prishaa
Walliams: Sienna
Lewis: Dhipin
Dahl: William
Rowling: Pippa
Tolkien: James
Morpurgo: Gabbie
Pullman: Hayden

Mrs Siddall's Attendance Award
Cowell Class – 100%

Award for
Outstanding Manners
Abel – Pullman Class
Matilda – Rowling Class

PE Award
District Athletic Track Team

Spellers Award
Cowell Class

Random Act of Kindness
Bella St Pierre

ATTENDANCE

The national expectation for attendance is 96%. The government has clarified the position regarding the term 'regular' attendance. It means children must be in school **EVERY DAY**. Every second counts at Perryfields. We **must** work together to improve attendance and punctuality even more.

Year 3	99.2%
Year 4	98.6%
Year 5	97.8%
Year 6	94.5%



Coming Up This Term So Far!

Tuesday 24 th June	Year 5 Trip Food & Farming. Please make payment through your ScoPay account. All children will need to bring in a packed lunch and arrive to school at 8.15am
Thursday 26 th June	Transition Day plus Exhibition Afternoon – email sent
Monday 30 th June	Parenting with Confidence session in hall @ 3.30pm – email sent. Please complete form to confirm your attendance
Friday 4 th July	Year 6 Bikability starts – email sent
Tuesday 8 th July	Netball trials for September squad years 4&5 boys and girls – email sent
Friday 11 th July	House Charity Fundraising Day – details to follow
Friday 11 th July	Football trials for September squad years 4&5 boys – email sent
Monday 14 th July	Year 6 End of Year Performance - 1.30pm. Email sent
Tuesday 15 th July	Year 6 End of Year Performance – 5.30pm. Email sent
Thursday 17 th July	Year 6 End of Year BBQ – email sent
Tuesday 22 nd July	End of Year Whole School Performance – details to follow
Tuesday 22 nd July	School Finishes at 1.30pm

Please see below NEW menu for the Summer Term!

Please note that we can also provide a packed lunch if your child would prefer this. This will be either the baguette, wrap or soft roll and also includes a drink, fruit, biscuits or the dessert of the day.

Week: Two						
		Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Meat	Macaroni & Cheese	Oriental Chicken	All Day Breakfast Sausage	Ham & Cheese Quiche	Chicken Chunks
	Vegetarian	Macaroni & Cheese	Oriental Meat Free Strips	Meat Free Sausage	Cheese Quiche	Quorn Dippers
	Gluten Free	Macaroni & Cheese	Oriental Chicken	Gluten Free Sausage	Cheese Quiche	Gluten Free Chicken Goujons
	Jacket Potato	Beans & Cheese	Beans & Tuna	Tuna & Cheese	Cheese & beans	Tuna,Cheese & Beans
	Side Dish	Garlic Bread	Noodles	Scrambled Eggs Hash Browns Beans	New Potatoes	Chips
	Vegetables	Sweetcorn Salad Bar	Green Beans Carrots Salad Bar	Mushrooms Tomatoes	Sweetcorn & Peas Salad Bar	Beans Peas
	Packed Lunch	Baguette (Tuna, Cheese or Ham)	Wrap (Tuna, Cheese or Ham)	Wrap (Tuna, Cheese or Ham)	Baguette (Tuna, Cheese or Ham)	Wrap (Tuna, Cheese or Ham)
	Dessert	Rocket lolly	Fresh Fruit Yoghurt	Fresh Fruit Yoghurt	Blueberry & Lemon Muffins	Shortbread
	Drinks	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk





ARE JOINING US TO PROVIDE A:

INTERACTIVE ANIMAL ENCOUNTER



A FUN, HANDS-ON ANIMAL EXPERIENCE FOR CHILDREN!

COME AND MEET A VARIETY OF AMAZING ANIMALS - FROM BUNNIES AND SKUNKS TO HEDGEHOGS - AND LEARN ALL ABOUT THEM IN THIS FUN, INTERACTIVE SESSION!

THE ANIMAL WORKSHOPS MOBILE ZOO BRINGS A SAFE, ENGAGING EXPERIENCE FOR CHILDREN TO GET UP CLOSE WITH REAL ANIMALS. YOUR PRESENTER IS FRIENDLY, KNOWLEDGEABLE, AND GREAT WITH KIDS OF ALL AGES.



TICKETS: £7.50 PER CHILD (ADULT CARERS ARE FREE OF CHARGE, TO ALLOW ENHANCED SUPERVISION OF THE PEOPLE IN THEIR CARE, OF COURSE SIBLINGS WELCOME BUT ALSO REQUIRES A PAID TICKET)

WHERE: BEAULIEU COMMUNITY CENTRE

DATE: MONDAY 4TH AUGUST 2025

TIME: 10:00 - 11:00 AM SEN SESSION

TIME: 11:30 - 12:30 AM

BOOK NOW ON EVENTBRITE - CGC TRUST EVENTS



CHILDREN MUST BE SUPERVISED BY A PARENT OR CARER. THIS IS NOT A DROP-OFF SESSION



SUPPORTED BY A GRANT FROM
CHELMSFORD GARDEN COMMUNITY COUNCIL



UK Health
Security
Agency



Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.

A photograph of two young people, a boy and a girl, sitting on logs in a forest. They are both wearing dark Scout uniforms with blue scarves. The boy is on the left, looking towards the camera, and the girl is on the right, looking down at a small fire burning in a metal container between them. The background is a lush green forest with trees and foliage.

The best thing you'll do this week (that's a promise.)

Whether you're a young person ready to explore the outdoors, try exciting new activities, and build lifelong friendships—or an adult looking to make a difference in your community while learning new skills—there's a place for you in Scouts. It's about confidence, teamwork, resilience, and fun. No prior experience needed—just a sense of curiosity and a willingness to jump in. Come join the journey, grow together, and help shape tomorrow's leaders.

Each week we help young people enjoy fun and adventure while developing skills for life. Why not be one of them?

Chelmsfordscouts.org.uk/join

#SkillsForLife

Registered Charity: 302033



Children are using smart devices from a much younger age than ever before. It's why it's essential we talk to our children about how to use them safely. There are so many positive benefits to the new technology at our disposal these days - however there are plenty of downsides too. As a parent, it's important you understand these risks and how you can take steps to protect your family against them.

1 PUT YOURSELF IN CONTROL

Make use of the parental control settings available to you. With most devices, you're able to change the settings to control the content your child has access to. This isn't difficult to do, so you'll often find guidance in the instructions that come with the device. By setting a private pin-code on certain devices, you can make sure your child can only access it when you allow it.



2

PROTECTING ANDROID DEVICES

You can set up restricted users on Android tablets through a Google account. Open the settings menu (look for a cog icon) and select the 'Users' option. Here you can add a new restricted user. After setting up a password and username, select which applications you want to restrict access to. On an Android smartphone it's simpler, but first select 'Parental Controls' in the play store.



3 PROTECTING APPLE DEVICES

For Apple devices, you can simply visit the preferences/settings menu and within 'General' there is an option for 'Restrictions'. Here you can turn off any applications or features on your child's device that you do not want them to have access to.



4

THINK ABOUT ALL YOUR SMART DEVICES

As well as tablets and smartphones, you should think about any device in your home connected to the internet: a games console, a media hub, or a personal computer. In each case you can usually find parental controls in the settings. Think carefully about how much access you want to allow your child, especially when it comes to accessing the internet.



5

MAKE SEARCHING MUCH SAFER

Most search engines, such as Google, Bing or Yahoo, have a 'safe search' setting. You should activate this. Otherwise, it's extremely easy for a seemingly harmless search on the internet to return unexpected and inappropriate results. Depending on the browser you're using, go to the settings and search for 'safe search'. Make sure you save the change as it defaults each time you open the browser. This will seriously reduce the chances of your child being exposed to something they shouldn't be.



National
Online
Safety
#WakeUpWednesday

9 Top Tips To Get Smart About children's devices

6

REGULARLY CHECK SOCIAL MEDIA SETTINGS

Before you allow your child to use social media, you should discuss the dangers with them. You should also make sure you're able to access their profile and privacy settings and check them regularly. The companies behind social media platforms often make privacy changes without making it very obvious to the user, such as Facebook's introduction of facial recognition software.



7

DON'T LET PEOPLE SEE WHERE YOU ARE

Location software sounds useful for seeing where your child is, but it also provides the opportunity for others to locate your child too. For safety, it's a good idea to disable location software on all devices or at least turn it off when it's not required. Also, be mindful of specific apps that record running routes or locations where your child might be playing a game. Talk to your child about why there can be dangerous and how to turn the setting on and off as required.



8 WATCH OUT FOR FAKE PROFILES

Sadly, social media presents an enormous opportunity for the likes of paedophiles to set up fake profiles and interact with children. Keep a track of the people your child interacts with on social media and if you do not recognise a user as a friend, consider blocking them.



9 KEEP A CHECK ON SCREEN TIME

Managing how much time we spend on screens is a new challenge for us all. It's critically important when it comes to children, especially younger children who are still developing. It's not just a case of setting arbitrary time limits. Guidelines published by The Royal College of Paediatrics and Child Health suggests it's more important to consider the 'context and content' of what the screen is being used for. It is helpful to put limits on devices using 'Guided Access' functions, which you can find in the settings of certain devices.



Meet our expert

Emma Davis was a secondary school Computer Science teacher for more than a decade. Since leaving education, she has been working in a cyber security firm delivering cyber awareness training to businesses and carrying out network testing. She is a mother of a five-year-old, she's had vast experience of controlling and managing how children access online services and use apps.





Summer Timetable

all sessions delivered live online via zoom £24 each 90 minutes long
book online at facefamilyadvice.co.uk Recordings available for 48 hours

Supporting Healthy Sleep	16 June 10am
Decreasing Depression	16 June 7pm
Raising Self-Esteem	17 June 10am
Understanding the Teenage Brain	17 June 7pm
Understanding Addictive Behaviour	23 June 10am
Supporting a Child with ADHD	23 June 7pm
Improving Family Communication	24 June 10am
Autism Improving Communication	24 June 7pm
Facing Defiance	30 June 10am
Anxiety Based School Avoidance	30 June 7pm
Understanding Anger	1 July 10am
Supporting Healthy Screen Use	1 July 7pm
Introduction to OCD	7 July 10am
What is ACT?	7 July 7pm
Cannabis & Ketamine Awareness	8 July 10am