## Perryfields Enterprise Academy Trust

# Anti-Bullying Policy





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SUMMARY OF CHANGES	
Page	Detail
3	<b>Prevention</b> : deletion of some bullet points; addition of bullet point 'Antibullying assemblies'.

### Perryfields Enterprise Academy Trust Bullying Policy

#### Introduction

The Staff and Governors of Perryfields Trust (PEAT) are committed to providing a caring, friendly and safe environment for all of our pupils so they can learn in a relaxed and secure atmosphere. Bullying of any kind is unacceptable at our school. If bullying does occur, all pupils should be able to tell and know that incidents will be dealt with promptly and effectively. We are a *"TELLING"* Academy. This means that anyone who knows that bullying is happening is expected to tell the staff.

#### What Is Bullying?

Bullying is the use of aggression with the intention of hurting another person. Bullying is deliberate, calculated, sustained behaviour. Bullying results in pain and distress to the victim. Bullying can be:

- Emotional being unfriendly, excluding, tormenting (e.g. hiding books, threatening gestures)
- Physical pushing, kicking, hitting, punching or any use of violence
- Racist racial taunts, graffiti, gestures
- Sexual unwanted physical contact or sexually abusive comments
- Verbal name-calling, sarcasm, spreading rumours, teasing
- Cyber all areas of internet ,such as email & internet chat room misuse, Mobile threats by text messaging & calls.

#### Why is it Important to Respond to Bullying?

Bullying hurts. No one deserves to be a victim of bullying. Everybody has the right to be treated with respect. Pupils who are bullying need to learn different ways of behaving. As a school we have the responsibility to respond promptly and effectively to issues of bullying.

#### Aims and Objectives of this Policy

- All directors, governors, teaching and non-teaching staff, pupils and parents should have an understanding of what bullying is.
- All directors, governors and teaching and non-teaching staff should know what the school policy is on bullying, and follow it when bullying is reported.
- All pupils and parents should know what the PEAT policy is on bullying, and what they should do if bullying arises.
- We take bullying seriously. Pupils and parents should be assured that they will be supported when bullying is reported.
- Bullying will not be tolerated.

#### **Signs and Symptoms**

A child may indicate by signs or behaviour that he or she is being bullied. Adults should be aware of these possible signs and that they should investigate if a child:

- is frightened of walking to or from school
- begs to be driven to school
- changes their usual routine
- is unwilling to go to school (school phobic)
- begins to truant
- becomes withdrawn anxious, or lacking in confidence
- starts stammering
- attempts or threatens suicide or runs away
- cries themselves to sleep at night or has nightmares
- feels ill in the morning
- begins to do poorly in school work
- comes home with clothes torn or books damaged
- has possessions which are damaged or "go missing"
- asks for money or starts stealing money (to pay bully)
- has dinner or other monies continually "lost"
- has unexplained cuts or bruises
- comes home starving (money/lunch has been stolen)
- becomes aggressive, disruptive or unreasonable
- is bullying other children or siblings
- stops eating
- is frightened to say what's wrong
- gives improbable excuses for any of the above
- is afraid to use the internet or mobile phone
- is nervous & jumpy when a cyber message is received

These signs and behaviours could indicate other problems, but bullying should be considered a possibility and should be investigated

#### Procedures

Report bullying incidents to staff

- 1. In cases of serious bullying, the incidents will be recorded by staff
- 2. An attempt will be made to help the bully (bullies) change their behaviour
- 3. The bullying behaviour or threats of bullying must be investigated and the bullying stopped quickly
- 4. In serious cases parents should be informed and will be asked to come in to a meeting to discuss the problem
- 5. If necessary and appropriate, police/ appropriate authority will be consulted

#### Outcomes

- 1. All known/reported incidences of bullying will be investigated by the class teacher and/or by a senior member of staff
- 2. The bully (bullies) will be asked to genuinely apologise. Other consequences may take place including time out, internal exclusion
- 3. If possible, the pupils will be reconciled
- 4. After the incident / incidents have been investigated and dealt with, each case will be monitored to ensure repeated bullying does not take place
- 5. In serious cases, suspension or even exclusion will be considered

#### Prevention

We will use practical methods for helping children to prevent bullying. As and when appropriate, these include:

- Anti-bullying assemblies.
- Having discussions about bullying and why it matters.
- Circle time, drama activities based on anti-bullying themes and self-assertion.

#### **HELP ORGANISATIONS:**

Useful Website Addresses The information contained on these websites may be of interest:

www.dfes.gov.uk/bullying www.childline.org.uk www.kidscape.org.uk www.antibullying.net www.bullying.co.uk